



Nom: MESSED UP IN MEMPHIS

Choregraphed by: Dee Musk  
Description: 64 counts, 4 walls ( 1 restart)  
Rythme: Two step  
Music: "Messed up in Memphis" by Darryl Worley  
CD : Sounds like life

Niveau: easy- intermediate  
Danse soumise par: *Inter-Clubs Country du Grand Est*  
Danse traduite:

**SIDE, TOUCH, TOUCH OUT, TOUCH IN, SIDE, TOUCH, TOUCH OUT, TOUCH IN**

- 1 - 2 Step L to left side, touch R next to L
- 3 - 4 Touch R to right side, touch R next to L
- 5 - 6 Step R to right side, touch L next to R
- 7 - 8 Touch L to left side, touch L next to R

**SCISSOR CROSS, HOLD, ROCK 1/4 turn left, STEP, HOLD**

- 1 - 2 Step L to left side, close R next to L
- 3 - 4 Cross L over R, hold
- 5 - 6 Rock R to right side, recover on L making a 1/4 turn left (9 :00)
- 7 - 8 Step R forward, hold

**FULL TRIPLE TURN RIGHT, HOLD, STEP, TOUCH, STEP, KICK**

- 1 - 2 Step L forward, step back on R in 1/2 turn right
- 3 - 4 Step L forward in 1/2 turn right, hold
- 5 - 6 Step R forward, touch left toe behind R
- 7 - 8 Step back on L, kick R forward (9 :00)

**BACK STEP, LOCK, STEP, HOLD, ROCKING CHAIR**

- 1 - 2 Step back on R, step L over R,
- 3 - 4 Step back on R, hold
- 5 - 6 Rock back on L, recover on R
- 7 - 8 Rock on L, recover on R (9 :00)

*Restart here during wall 4, begin again facing 12:00 wall*

**SCISSOR CROSS, HOLD, SIDE, BEHIND, 1/4 turn R, HOLD**

- 1 - 2 Step L to left side, close R next to L
- 3 - 4 Cross L over R, hold
- 5 - 6 Step R to right side, cross L behind R
- 7 - 8 1/4 turn right stepping forward on R, hold (12:00)

**STEP, 1/2 TURN, STEP, HOLD, 1/2 TURN, TOUCH, 1/2 TURN, BRUSH**

- 1 - 2 Step forward on L, make a 1/2 turn right
- 3 - 4 Step forward on L, hold
- 5 - 6 Make a 1/2 turn left stepping back on R, touch L next to R
- 7 - 8 Make a 1/2 turn left stepping forward on L, brush R forward (6 :00)

**MAMBO FORWARD, HOLD, SAILOR 1/4 TURN, HOLD**

- 1 - 2 Rock on R, recover on L
- 3 - 4 Step back on R, hold
- 5 - 6 Step L behind R in 1/4 turn left, step R to right side
- 7 - 8 Step forward on L, hold (3 :00)

**STEP, 1/2 TURN, STEP, HOLD, 1/2 TURN, TOUCH, 1/2 TURN, BRUSH**

- 1 - 2 Step forward on R, make a 1/2 turn left
- 3 - 4 Step forward on R, hold
- 5 - 6 Make a 1/2 turn right stepping back on L, touch R next to L
- 7 - 8 Make a 1/2 turn right stepping forward on R, brush L forward ( 9:00)

**RESTART :** *During wall 4, dance up to and including section 4, then begin again facing the 12:00 wall*  
HAVE FUN